

SING WITH EXPRESSION!

MOODS

Descriptive, telling a story, reminiscing (remembering), pleading, asking, ordering, begging, thinking, dreaming, musing, talking to someone, talking to one's self,

EMOTIONS:

Positive and lively

Amused
Delighted
Elated
Excited
Happy
Joyful
Playful
Pleased

Caring

Affectionate
Empathetic
Friendly
Loving

Positive thoughts

Courageous
Hopeful
Pride
Satisfied
Trusting
Wishful

Quiet positive

Calm
Content
Relaxed
Relieved
Serene

Reactive

Interested
Polite
Surprised

Negative and forceful

Angry
Annoyed
Contemptuous
Disgusted
Irritated
Mad

Negative and not in control

Afraid
Anxious
Embarrassed
Helpless
Powerless
Worried

Negative thoughts

Doubtful
Envious
Frustrated
Guilty
Shameful

Negative and passive

Bored
Despair
Disappointed
Hurt
Lonely
Sad

Agitated

Stressed
Shocked
Tense